

## **Level 1 Holiday Training**

### **Week 1**

Weds 7<sup>th</sup> April 3:30-5:30

Fri 9<sup>th</sup> April 3:30-5:30

### **Week 2**

Mon 12<sup>th</sup> April 2:00-4:30

Weds 14<sup>th</sup> April 2:00-4:30

Sat 17<sup>th</sup> April 1:00-3:00

Please note these sessions are for all Level 1 squads (Marie, Helen, Charlotte) the girls will be training all together in the holidays and there is no additional fee for the extra training in the second week.

## **IDP 2 and 3 Holiday Training**

### **Week 1**

Tues 6<sup>th</sup> April 9:00-12:30

Weds 7<sup>th</sup> April 12:00-3:00

Thurs 8<sup>th</sup> April 12:00-3:30

Fri 9<sup>th</sup> April 8:30-12:30 (IDP 3 only)

Sat 10<sup>th</sup> April 8:30-12:30

### **Week 2**

Tues 13<sup>th</sup> April 11:30-3:00

Weds 14<sup>th</sup> April 9:00-1:00 (IDP 3 only)

Thurs 15<sup>th</sup> April 11:30-3:00

Fri 16<sup>th</sup> April 9:00-12:00

Sat 17<sup>th</sup> April 8:30-12:30