

SI TRAMPOLINE GENERAL TIMETABLE

		Warm up	compete	prizegiving
Session 1	10 and under	Saturday 11 AM	Saturday Noon	Saturday 1.45 PM
Session 2	11 to 12	Saturday 1.00 PM	Saturday 2.00 PM	Saturday 4.45 PM
Session 3	International	Saturday 3.30 PM	Saturday 4.30 PM	Saturday 6.30 PM
Session 4	13 to 14 girls	Sunday 8 AM	Sunday 9.00 AM	Sunday 12.45 PM
Session 5	13-14 boys 15 to 16 17 and over	Sunday 12.00 PM	Sunday 1PM	Sunday 2.45 PM

Each session will include an hour warm up.

Each age-group will compete events in the following order

- Synchro
- Trampoline
- Double Mini